



ILCAAAP

Illinois Church Action on Alcohol
& Addiction Problems

Phone (217) 546-6871
FAX (217) 546-2814
Toll Free (866) 940-6871

1132 West Jefferson
Springfield, IL 62702
Web site: www.ilcaaap.org

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Dear Teacher/Parent:

Alcohol Awareness Month is held each year during the month of April. In concurrence with this event, ILCAAAP / Illinois Churches In Action is sponsoring the 23rd Annual Poster Contest for students in grades 6 – 12.

Alcohol is the drug most frequently used and abused by teens, and the one that causes the most negative health consequences. According to the Center for Disease Control (CDC), alcohol is responsible for more than 4,300 annual deaths among underage youth, and youth aged 12 to 20 years old drink 11% of all alcohol consumed in the United States. In the 2017 Monitoring the Future survey, 4% of 8th graders, 10% of 10th graders, and 17% of 12th graders report binge drinking (having 5 or more drinks in a row at least once in the prior 2 weeks).

We encourage you to participate in this poster contest with students in health education, science or art classes. Use the enclosed "Did You Know" sheet to educate youth that alcohol is a drug that harms their developing brain. **Posters should illustrate the values of not drinking and promote a "no use" message.** Go to our website www.ilccaap.org for additional information about the contest and to view winning entries from prior years.

Important Dates:

Friday, March 30, 2018	Deadline to enter
Friday, April 9, 2018	Winners notified by phone
April 2018	Winning entries displayed in State Capitol for Alcohol Awareness Month

If you have questions or would like additional educational information about alcohol, please contact Illinois Churches In Action at 866-940-6871 or ilcaaap@sbcglobal.net.

Sincerely,

Lynn Allen
Youth Director

Enclosures

Freedom from Addictive Behavior