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# ILCAAAP

Illinois Church Action on Alcohol & Addiction Problems

## Alcohol Alert - September 6, 2017



### Say a Prayer at 9:00 on Saturday, Sept. 9th Fetal Alcohol Spectrum Disorder Awareness Day

Fetal Alcohol Spectrum Disorder Awareness Day is September 9th. This day (9/9) serves as a reminder of the 9 months when pregnant women are to abstain from the use of alcohol. Fetal Alcohol Spectrum Disorders and their lifelong impacts are totally preventable if a woman does not drink alcohol during pregnancy.

Many young women today are receiving mixed messages about alcohol, and alcohol advertising campaigns target women.

The National Organization on Fetal Alcohol Syndrome (NO FAS) has additional information and talking points:

- FASD is 100% preventable.
- FASD is the leading known preventable cause of mental retardation, learning disabilities, physical defects and behavioral disorders.
- As many as 40,000 newborns every year-one in 100-are affected by prenatal exposure to alcohol.
- FASD is a permanent disorder requiring care throughout the lifespan. FASD is widely under diagnosed, misdiagnosed or not diagnosed at all.

**Say a prayer at 9:00 am/pm on September 9 for families who are impacted by FASD and for women who are or are planning to become pregnant that they will abstain from drinking alcohol.**

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